



# REGAL PARK MEDICAL CENTER

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## PATIENT MEDICAL HISTORY

*We are here to help! If you are needing assistance in filling out this section or any portion of the packet please inform the front desk.*

**ANYTHING LEFT BLANK OR UNANSWERED WILL BE SEEN AS UNAPPLICABLE TO THE PATIENT.**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

### PERSONAL MEDICAL HISTORY

#### MEDICAL PROBLEMS

These refer to specific medical problems diagnosed by a previous doctor. Check any of the following that applies to yourself only, whether it be now, in the past, or both.

- |                                    |   |  |  |
|------------------------------------|---|--|--|
| <input type="checkbox"/> Anemia    | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Stroke                      |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Emphysema (COPD) | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Thyroid Problems            |
| <input type="checkbox"/> Asthma    | <input type="checkbox"/> Gout             | <input type="checkbox"/> Kidney Disease      | <input type="checkbox"/> Blood Vessel Disease        |
| <input type="checkbox"/> Cancer    | <input type="checkbox"/> Heart Attack     | <input type="checkbox"/> Seizures            | <input type="checkbox"/> Liver Infection (Hepatitis) |

#### PREVIOUS INJURIES, HOSPITALIZATIONS, & SURGERIES

Check and/or fill out any of the following that applies to your medical history. Give exact dates, if possible, or closest estimated date or time period.

Check all that apply:  No prior surgeries  No prior hospitalizations  No prior injuries

1 Please specify: <input type="checkbox"/> Injury <input type="checkbox"/> Hospitalization <input type="checkbox"/> Surgery		Occuring Date: _____
Injury: _____	Reason for Hospitalization: _____	
Surgery Performed: _____	Performing Doctor: _____	

2 Please specify: <input type="checkbox"/> Injury <input type="checkbox"/> Hospitalization <input type="checkbox"/> Surgery		Occuring Date: _____
Injury: _____	Reason for Hospitalization: _____	
Surgery Performed: _____	Performing Doctor: _____	

3 Please specify: <input type="checkbox"/> Injury <input type="checkbox"/> Hospitalization <input type="checkbox"/> Surgery		Occuring Date: _____
Injury: _____	Reason for Hospitalization: _____	
Surgery Performed: _____	Performing Doctor: _____	

4 Please specify: <input type="checkbox"/> Injury <input type="checkbox"/> Hospitalization <input type="checkbox"/> Surgery		Occuring Date: _____
Injury: _____	Reason for Hospitalization: _____	
Surgery Performed: _____	Performing Doctor: _____	

*If you're needing to add any additional injuries, hospitalizations, and/or surgeries, please request a continuation page to do so.*

**CURRENT MEDICATIONS**

List all prescription and non-prescription medications, vitamins, and supplements you currently take.

Check all that apply:  No current medications  No current vitamins  No current supplements

<b>1 RX Name:</b> _____	<b>Dosage:</b> _____
<b>2 RX Name:</b> _____	<b>Dosage:</b> _____
<b>3 RX Name:</b> _____	<b>Dosage:</b> _____
<b>4 RX Name:</b> _____	<b>Dosage:</b> _____
<b>5 RX Name:</b> _____	<b>Dosage:</b> _____

If you're needing to add any additional medications, etc. to your current medications list, please **request a continuation page** to do so.

**ALLERGIES & DRUG REACTIONS**

List all allergies and drug reactions that you have and have had in the past.

Check all that apply:  No allergies  No drug reactions

<b>1:</b> _____	<b>4:</b> _____
<b>2:</b> _____	<b>5:</b> _____
<b>3:</b> _____	<b>6:</b> _____

If you're needing to add any additional allergies, etc. to your allergies & drug reactions list, please **request a continuation page** to do so.

**SOCIAL HISTORY (9 QUESTIONS)**

Check all answers that are applicable to you. Please answer all questions honestly and to your best ability.

- 1: Average alcohol consumption:**  Never  Rarely  Sometimes  Frequently
- 2: Average caffeine consumption:**  Never  Rarely  Sometimes  Frequently
- 3: Do you currently use non-prescribed narcotics, depressants, stimulants, or hallucinogens?**  Yes  No
- 4: Check all that apply to you:**  I live alone  I am married and live with my spouse  Other
- 5: Do you live in an assisted living facility?**  Yes  No
- 6: Are you currently living with and caring for a family/household member?**  Yes  No
  - 6-1: If yes, please specify:**  Parent  Sibling  Child  Other
- 7: Are you currently unable to drive a motor vehicle?**  Yes  No
- 8: Do you currently smoke cigarettes?**  Yes  No
  - 8-1: If no, do you have a previous history of smoking cigarettes?**  Yes  No
    - 8-1a: If yes, how long it has been since you stopped?** \_\_\_\_\_  Years  Months  Weeks  Days
- 9: Have you ever traveled outside of the country?**  Yes  No
  - 9-1: If yes, how long were you out of the country?** \_\_\_\_\_  Years  Months  Weeks  Days

**COMPLETE SYMPTOM HISTORY (15 categories)**

Check all of the following that applies to yourself only, whether it be now, recently, or in the past year.

**SYSTEMIC**

- generalized pain
- feeling tired
- fever
- chills
- weight change

**other related symptoms:**

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**HEAD-RELATED**

- headache
- sinus pain
- sinus pressure
- cheek swelling
- facial pain

**other related symptoms:**

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**GASTROINTESTINAL**

- appetite change
- nausea
- heartburn
- abdominal pain
- diarrhea

**other related symptoms:**

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**OTOLARYNGEAL**

- hearing loss
- earache
- nasal discharge
- throat pain
- oral pain

**other related symptoms:**

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**EYE**

- blind spot(s)
- seeing double
- eye irritation
- eye pain
- growth on eye

**other related symptoms:**

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**NECK**

- pain
- muscle tightness
- stiffness
- enlargement
- lump or swelling

**other related symptoms:**

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**CARDIOVASCULAR**

- chest pain
- chest discomfort
- heart palpitations
- cold hands
- cold feet

**other related symptoms:**

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**HEMATOLOGIC**

- bleeds easily
- bruises easily
- excessive bleeding
- large bruises
- tender swollen areas on skin

**other related symptoms:**

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**PULMONARY**

- asthma
- chest congestion
- difficulty breathing
- coughing
- coughing up blood

**other related symptoms:**

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**PSYCHOLOGICAL**

- anxiety
- mood changes
- depression
- insomnia
- unusual behavior (specify below)

**other related symptoms:**

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**ENDOCRINE**

- excessive thirst
- excessive sweating
- hot flashes
- unable to perform sexually
- unable to get pregnant

**other related symptoms:**

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**GENITOURINARY**

- blood in urine
- frequent urination
- difficulty urinating
- genital pain or swelling
- painful urination

**other related symptoms:**

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**SKIN**

- unusually dry skin
- itchy skin
- skin lesion(s)
- nail discoloration
- abnormal nail thickness

**other related symptoms:**

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**MUSCULOSKELETAL**

- joint pain
- joint swelling
- joint stiffness
- unable to straighten joint
- muscle aches

**other related symptoms:**

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**NEUROLOGICAL**

- dizziness
- fainting
- memory disturbances
- sensory disturbances
- convulsions

**other related symptoms:**

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**FAMILY MEDICAL HISTORY**

**COMPLETE SYMPTOM HISTORY (15 categories)**

Check all of the following that applies to your family only, whether it be now, in the past, or both.

**ANEMIA**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**ARTHRITIS**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**ASTHMA**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**CANCER**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**DIABETES**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**EMPHYSEMA (COPD)**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**GOUT**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**HEART ATTACK**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**LIVER INFECTION (HEPATITIS)**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**HIGH BLOOD PRESSURE**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**KIDNEY DISEASE**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**SEIZURES**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**STROKE**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**THYROID PROBLEMS**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother

**BLOOD VESSEL DISEASES**

- Father
- Mother
- Brother
- Sister
- Paternal Grandfather
- Paternal Grandmother
- Maternal Grandfather
- Maternal Grandmother